

FAMILY ADOPTION PROGRAMME (FAP) 2025

The Family Adoption Program was organized by the Department of Community Medicine at Arunai Medical College and Hospital, under the guidance of Dr. A. Balaji (Vice Principal, Professor, and Head of the Department of Community Medicine), with support from the faculty, health inspectors and medical social worker.

After receiving permission from the village presidents, each team was allocated specific families to adopt under the program. The families cooperated well with the students, explained the purpose of their visit and requested permission before entering each household.

A detailed history of each family, including socio-demographic profiles and clinical examinations, was recorded according to the Family Adoption Program (FAP) guidelines. The students interacted well with the families, responded positively to the visits.

Reporting Period: January 2025 – December 2025

Conducted by: Department of Community Medicine

Target Group: MBBS Students (Phase I, Phase II, Phase III Part 1)

Objective of the Program

To provide MBBS students with practical exposure to rural healthcare settings, enhance their understanding of community health problems, and develop essential field skills through direct interaction with the community.

Methodology

As part of the Community Medicine curriculum, the students were divided into batches based on their academic phase (Phase I, Phase II, and Phase III). The department scheduled field visits to various villages under the RHTC jurisdiction. The activities during these visits included:

- Health education and awareness sessions
- Identification of public health problems
- Household visits and data collection

- Students understood the structure and function of rural health systems.
- Real-time exposure helped in correlating theoretical knowledge with practical scenarios.

Field Visit Details

Phase III Part I MBBS activities:

DATE	VILLAGE	PHASE
29/01/2025	KOOVANUR	PHASE III PART 1 (2022 TO 2023)
05/03/2025	PERIYAMANİYADHAL	PHASE III PART 1 (2022 TO 2023)
04/04/2025	KOOVANUR	PHASE III PART 1 (2022 TO 2023)
02/05/2025	PERUMANAM	PHASE III PART 1 (2022 TO 2023)
25/06/2025	KARIYAMPALAYAM	PHASE III PART 1 (2022 TO 2023)
28/07/2025	PERUMANAM	PHASE III PART 1 (2022 TO 2023)
10/09/2025	ELIYANARKUPPAM	PHASE III PART 1 (2022 TO 2023)
25/10/2025	ELIYANARKUPPAM	PHASE III PART 1 (2022 TO 2023)
17/11/2025	SIRPANANTHAL	PHASE III PART 1 (2022 TO 2023)



Phase II MBBS activities

DATE	VILLAGE	PHASE
07/01/2025	ELIYANARKUPPAM	PHASE II (2023 TO 2024)
18/11/2025	ATHIPAKKAM	PHASE II (2023 TO 2024)
11/12/2025	ATHIPAKKAM	PHASE II (2023 TO 2024)



Phase I MBBS activities

22/02/2025	PERUMANAM	PHASE I (2024 TO 2025)
	ATHIPAKKAM	
	NEDUKKAMPATTU	
28/06/2025	PERUMANAM	
	ATHIPAKKAM	
	NEDUKKAMPATTU	
23/10/2025	ATHIPAKKAM	



Conclusion

The Family Adoption Program conducted by the Department of Community Medicine, Arunai Medical College and Hospital, during the period January to December 2025, successfully fulfilled its educational and community-oriented objectives. The program provided MBBS students across all phases with meaningful exposure to rural healthcare settings, thereby strengthening their understanding of community health dynamics and public health challenges at the grassroots level.

Systematic allocation of families, prior permission from village leadership, and adherence to Family Adoption Program guidelines ensured ethical conduct and effective implementation of field activities. Comprehensive socio-demographic data collection, clinical assessments, and sustained interaction with families enabled students to develop essential competencies in communication, history taking, and community diagnosis.

The active participation of faculty, health inspectors, and the medical social worker facilitated structured supervision and reinforced experiential learning. Overall, the program effectively bridged the gap between theoretical instruction and practical application, fostered positive community engagement, and contributed to the holistic training of future medical graduates with a community-oriented and patient-centered approach.